

Your Gateway to Community Resources

Residents of Georgia's nine coastal counties — Bryan, Bulloch, Camden, Chatham, Effingham, Glynn, Long, Liberty, and McIntosh — are served by the Coastal Georgia Regional Development Center's Area Agency on Aging (AAA) regardless of race, income or national origin. All information submitted to the AAA is confidential and used solely to determine eligibility for requested services.

The Caregivers

Assistance Program is funded through the Older Americans Act, Title III E, and is administered by the Georgia Department of Human Resources Division of Aging Services.

Care Coordination for the Caregivers Assistance Program is provided through a contract with the Chatham County Board of Health.

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Coastal Georgia
Regional Development Center

Coastal Georgia Area Agency on Aging

Caring for our own.



The Caregivers Assistance Program

1-800-580-6860

The Caregivers Assistance Program (CAP)

Who is Eligible?

CAP offers supportive services to those people who are primary caregivers for their family or friends in the community. To be eligible

- The caregiver must be an adult providing care to a person age 60 or older, or
- The caregiver is age 60 or older and is providing care to a person age 18 or under with mental retardation and related developmental disability, or
- The Caregiver is age 60 or older and is providing care to a minor grandchild age 18 or under, and
- The care recipient is a resident of Bulloch, Chatham, Effingham, Glynn, or McIntosh County.

All caregivers interested in receiving services are evaluated for stress and caregiver burden by the Coastal Area Agency on Aging. Those caregivers identified as "most in need" receive priority referral for services

What Services are Available?

Caregiving may be one of the most important roles you will undertake in your lifetime. Typically, it is not an easy role, nor is it one for which most of us are prepared.

Caregivers often request assistance through services that have not traditionally been offered in our communities. An in-home assessment will be conducted by the CAP Registered Nurse and appropriate services will be determined based on the caregiver's circumstances. A care plan is developed and appropriate services are delivered.

The overall goal of this program is to provide relief for caregivers whose caregiving responsibilities place high levels of stress and burden on them physically, socially, and emotionally. Ideally, supportive services will delay or even eliminate the need to place a loved one in a nursing facility.

Is there a Fee for Services?

Services are provided within the financial guidelines of the Caregivers Assistance Program at no cost to the caregiver, as funding permits.

How Do I Apply for CAP?

Contact the Coastal Georgia Area Agency on Aging to speak with an Information and Assistance Specialist. You will be asked a series of questions about the impact caregiving has on you physically and emotionally. Your household income will also be discussed at the time of assessment.

For further information or to apply for services, please contact:

**Coastal Georgia
Area Agency on Aging
1-800-580-6860**

A program of the

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